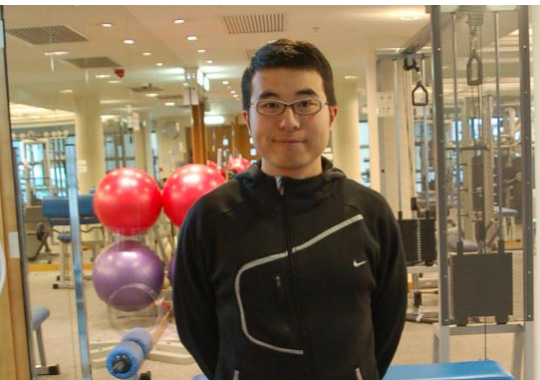


Personal Trainer Profile



Tony Leung

- As a KCC Member since 2010
- As a Personal Trainer at KCC for many years
- BSc Physiotherapy (Hons) HK Polytechnic University
- HK Registered Physiotherapist
- NASM Personal Trainer
- AAFA Aquatic Exercise Instructor
- AASFP Fit-ball Instructor



Riny Derisley

- As a KCC Member since 1991
- As a Fitness Trainer over 17 Years
- NASM Certified Personal Trainer (US)
- NASM Certified Corrective Exercise Specialist (CES)
- NASM Fitness Nutrition Specialist
- Certified Pilates Instructor (Pilates Institute London)



Kenny Leung

- As a Personal trainer at KCC since 2011
- IFHI Back Care Therapeutic Exercise Trainer
- IFHI Personal Trainer
- MSH Registered Health Worker
- St. John's Ambulance Advanced Health Worker
- Aquatic First Aid Certificate
- First Aid Certificate



Bryan Dowie

- As a KCC Member since 1997
- Certified Personal Trainer, NASM & PTA Global
- Level 1 Nutrition Coach, Precision Nutrition
- Corrective Exercise Coach, NASM CES
- American College of Emergency Physicians, CPR and AED Certificate
- Muay Thai Training, Sporting Conditioning

Personal Training Programme Rates:

One on one: \$550/session or
\$5000/10 sessions

Group: \$325/session/person or
\$3000/10 sessions/person

Enquires: 3473 7161 (Fitness Center)

Pt: Tony 9837-3739
Riny 9046-5134
Kenny 6543-0802
Bryan 9462-6668